

# >>> ONE-Fit® Healthcare N95 Flat Fold (HC-NB295F)

## How to Don and Fit Check Your Sperian® Filtering Facepiece Respirator

### Description

The Sperian ONE-Fit HC-NB295F particle respirator and surgical mask is a class N95 disposable mask designed to provide filter efficiency of 95% or greater against particulate aerosols free of oil. The respirator provides greater than 99% Bacterial Filtration Efficiency (BFE) against micro-organisms generated by a wearer, and meets CDC guidelines for M. tuberculosis exposure control. It can fit a wide range of face sizes, is fluid resistant and suitable for surgical environments.

**NOTE:** Bacterial Filtration Efficiency (BFE) tested in accordance with MILM36954C, ASTM F2101. Fluid resistance conforms to ASTM F1862, 160 mmHg.

### Intended Use

The Sperian ONE-Fit HC-NB295F Healthcare Particulate Respirator and Surgical Mask is a single use NIOSH approved N95 Respirator intended for use by healthcare personnel during medical/surgical procedures to protect both the wearer and the patient by protecting the wearer against the spatter of blood and other potentially infectious materials and reducing the transfer of microorganisms and other airborne particulate matter. The Sperian ONE-Fit also meets the CDC guidelines for TB exposure control within healthcare facilities and is intended for use as an isolation mask.

### How to Don the Respirator

Follow these instructions each time respirator is worn



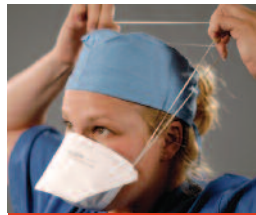
STEP 1

Pull open the top and bottom edges of the respirator to fully open. Grip head strap on either side of the slit in middle of strap and pull apart to create two separate head straps.



STEPS 2/3

Bend the nose wire into a slight curve so that the respirator forms a cup.



STEP 4

Position the bottom edge of the respirator under the chin and bring the two head straps over the head.



STEP 5

Position the lower head strap around the back of the neck. Position the top head strap across the crown of the head.



STEP 5

Mold the nose area to the shape of the face, running the fingertips of both hands from the top of the nose-piece down both sides while pressing inward. Always use both hands.

*Perform a fit check before using the respirator.*

### Fit Check Instructions

- Place both hands over the respirator – **DO NOT** disturb the position of the respirator;
- Exhale sharply (a positive pressure should be felt inside the respirator)
- If you detect air-leaks, readjust the head straps and/or the position.

**WARNING:** If you cannot achieve satisfactory fit, **DO NOT** enter the contaminated area. See your Supervisor.

### Use Instructions

1. Failure to follow all instructions and limitations concerning the use of the respirator and/or failure to wear the respirator for the whole duration of exposure to contaminants can seriously reduce the performance characteristics of the respirator and lead to illness, injury or death.
2. Before use, the wearer must first be trained by the employer in the correct use of the respirator in accordance with applicable safety and health standards.
3. OSHA standards including 29CFR1910.134(e)(5), (f) and CSA standard Z94.4-93 require that the wearer be fit-tested.
4. Leave the contaminated area if breathing becomes difficult or if the respirator becomes damaged.
5. Discard the respirator and replace with a new one if:
  - excessive clogging of the respirator causes breathing difficulty.
  - the respirator becomes damaged.
  - the respirator becomes contaminated with blood or bodily fluids
6. Discard the respirator after every use when used for surgical procedures.
7. **DO NOT** use the respirator with beards or other facial hair that interferes with direct contact between the face and the edge of the respirator, or any other conditions that may prevent a good face-seal.
8. This respirator is **NOT** to be used on children.

### Warning

This respirator helps protect against certain contaminants. It may not eliminate the risk of contracting disease or infection. Misuse may result in sickness or death.

The straps of this respirator are made from latex-free rubber. However, individuals who are highly sensitive to natural rubber latex may have an allergic reaction.

For more information or assistance on Sperian Respiratory products, contact your local Sperian distributor or Sperian Respiratory Protection | [www.sperianprotection.com](http://www.sperianprotection.com)